

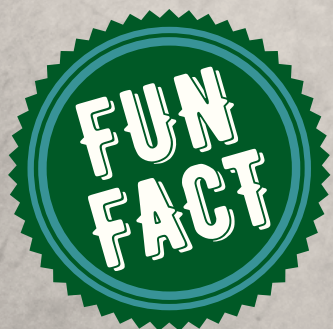
DIY JOURNAL BINDING



SUPPLIES NEEDED:

- ANTIQUED PAPER (OR 4-8 LETTER SIZED PAPER CUT IN HALF)
- BROWN PAPER BAG
- HOLE PUNCH
- STRING/YARN (APPROX. 50 CM)

- CUT A 23 X 29.5 CM RECTANGLE (A LITTLE LARGER THAN A LETTER SIZED PAPER) OUT OF YOUR BROWN PAPER BAG.
- NOW CRUMPLE AND FLATTEN THIS RECTANGLE UNTIL IT FEELS NICE AND SOFT, LIKE RAWHIDE.
- FOLD THE "RAWHIDE" JOURNAL COVER IN HALF, AND PLACE YOUR ANTIQUED PAPER INSIDE.
- USING THE HOLE PUNCH, MAKE 3-5 HOLES ALONG THE FOLDED EDGE, MAKING SURE TO PUNCH HOLES THROUGH THE ANTIQUE PAPER TOO.
- NEXT TAKE YOUR STRING, AND STARTING AT THE BOTTOM WEAVE THE STRING THROUGH EACH HOLE. ONCE YOU GET TO THE LAST HOLE BEGIN THREADING THE STRING DOWN THROUGH THE HOLES MAKING SURE TO ALTERNATE DIRECTIONS. WHEN YOU GET TO THE LAST HOLE, TIE A TIGHT KNOT TO FINISH BINDING THE JOURNAL.
- NOW YOU CAN DECORATE YOUR JOURNAL HOWEVER YOU'D LIKE!



JOURNALS WERE CONSTRUCTED IN A SIMILAR FASHION BACK IN THE DAY. HOWEVER, THE COVER WAS TYPICALLY MADE FROM RAWHIDE LEATHER INSTEAD OF PAPER BAGS, WHICH WOULD PROTECT THE JOURNAL FROM THE ELEMENTS.