



OUNCH NEECH



PAKISTAN

SUPPLIES AND PLAYERS

For this game you will need an outdoors space with lots of obstacles like tree stumps, a slide, a swing, rocks, or sturdy benches. This game requires four or more players ages 5+

INFORMATION

Oonch Neech (or Oonch Neech ka Papada) is a rural and urban street children's game and variation of Tag game played in North India and Pakistan. Oonch Neech (Hindi) translates Up and Down in English.

HOW TO PLAY

The game begins with one player as "It." They choose either Ounch (up) or Neech (down). If they choose neech, then the ground is not safe; runners can be tagged out unless they are ouch, up on something such as a rock, bench, or stump. The opposite is true as well: If "it" chooses ouch, then the ground is safe so everyone remains on the ground. The first person tagged becomes "It" for the next round of the game.